

#### Ambulatory detoxification protocols

Reduce moderate withdrawal symptoms and risk for serious withdrawal symptoms - fixed dosing

If withdrawal symptoms are moderate (ie, CIWA score between 8 and 15) then use one of the following protocols:

Long-acting benzodiazepine protocol - (Chlordiazepoxide)

Day 1 - 50 mg every 6 to 12 hours

Day 2 - 25 mg every 6 hours

Day 3 - 25 mg twice a day

Day 4 - 25 mg at night

Shorter-acting benzodiazepine protocol (Oxazepam)

Day 1 - 30 mg every 6 hours

Day 2 - 30 mg every 8 hours

Day 3 - 30 mg every 12 hours

Day 4 - 30 mg at night

Anti-convulsant Protocol (Carbamazepine)

Day 1 - 200 mg every 6 hours

Day 2 - 200 mg every 8 hours

Day 3 - 200 mg every 12 hours

Day 4 - 200 mg one dose

Reduce or prevent mild withdrawal symptoms - symptom triggered

If withdrawal symptoms are not present or mild (ie, CIWA score less than 8) then use one of the following protocols:

Long-acting benzodiazepine protocol - (Chlordiazepoxide)

Day 1 - 50 mg every 6 to 12 hours as needed

Days 2 to 5 - 25 mg every 6 hours as needed

Shorter-acting benzodiazepine protocol (Oxazepam)

Day 1 - 30 mg every 6 hours as needed

Days 2 to 5 - 15 mg every 6 hours as needed

Nutritional support

Thiamine 100 mg for 3 days, multivitamins maintenance